

Southland Hospital



About Us

Key points

- Clinically challenging and focused training
- Great work life balance
- Broad range of service experiences
- Secondary level based hospital

Southland Hospital services approximately a 108,000-population providing acute medical and surgical care, outpatient clinics, day procedures, 24-hour emergency department and comprehensive ancillary facilities.

On average per year at Southland Hospital there are 30,000 Emergency Department attendances, 5,000 theatre operations and 17,000 discharges.

Living in Invercargill

Whether you prefer city life or residing in a rural area, the opportunities to follow your lifestyle dream are endless!

We are proud of our café culture with great places to pass the time. For the serious 'foody', there are several restaurants that will deliver food to your table that is sublime.

For those who love beach life, visit Oreti Beach. Here, not only will you find surf and sand but many sports clubs who would love to meet you.

Commuting within the city, or to the surrounding areas, is a breeze! Choose to be close to the Hospital and have a 5-minute commute or if you prefer the rural life, no worries! You'll easily be able to get to the Hospital within 10 – 20 minutes.

Like to exercise? The opportunities are boundless! Walk through Queens Park, cycle around Pleasure Bay Lagoon or mountain bike through the Sandy Point Trails.

Feel like travelling further afield? Take a quick boat ride to Stewart Island. Jump in the car for a meander around the fabulous Catlins or head up the road to the adventure capital that is Queenstown.



About the House Officer Role

Key points

- Good broad experiences available
- Opportunity to preference your runs in future years



Our available PGY1 runs consist of the following:

- General Medicine
- General Surgery
- Orthopaedics
- AT&R (after the completion of 6 months)

Our PGY2 and SHO runs consist of:

- The above runs
- O&G (6 months)
- Paediatrics (6 months)
- ED (6 months)
- Psychiatry
- ED / Trauma Orthopaedics (6 months)
- Community Based Attachments
- Reliever

Rostering

- House officer rosters are templated rosters which include:
 - PGY1 doctors are not rostered to nights for the first 6 months
 - Generally, PGY1 doctors will be rostered to work across 3 weekends per quarter and 1 long day per week
 - Regular formal protected teaching takes place on Wednesdays and Thursdays



Career Options

- Plenty of vocational training opportunities
- Many Southland Hospital House Officers step up to Registrar roles

- House Officers in their second year are encouraged to undertake further training in the specialties they are interested in training in.

- Vocational Training occurs daily at Southland Hospital, and we have opportunities for Rural Hospital Training.
- We regularly have trainees in the following:
 - Anaesthesia
 - General Medicine
 - General Surgery
 - Orthopaedics
 - O&G
 - Paediatrics
 - ED

Your first week

- During orientation you will experience....



Support for House Officers

Support for House Officers at Southland Hospital can be found everywhere and including from:

- Prevocational Educational Supervisors (Drs Ryan Paganelli Anthony Buddle and Mavis Orizu)
 - Dr Kathryn Forwood, Medical Director Prevocational Education
 - The RMO Unit team
 - The Prevocational Educational Training and Management Committee
 - Unions and union delegates
 - Registrars, Clinical Supervisors and Clinical Directors
 - Medical Directors
 - Service Managers
 - Charge Nurse Managers and the Nursing team
- Health NZ | Te Whatu Ora- Southern has several other options to find support such as:
- Tuakana Teina Programme
 - Speak Up
 - Employee Assistant Programmes



Tuakana
Teina
Support

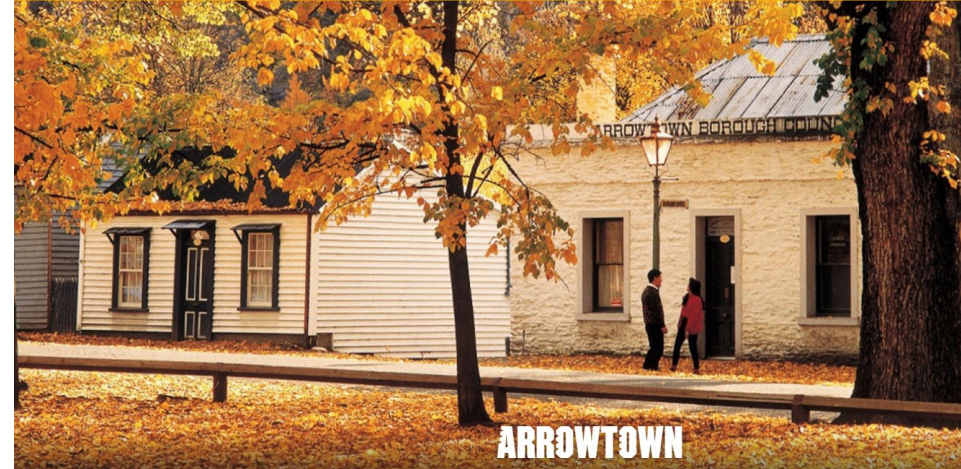


SPEAK UP
WE'RE LISTENING

More reasons to rank!

Access to rent one of three Southland Hospital Holiday Homes in

- Queenstown
 - Arrowtown
 - Te Anau
-
- Get your work and contribution recognised at the Health NZ | Te Whatu Ora Southern Annual Excellence Awards
 - Gain access to our state-of-the-art simulation and learning centre on the Hospital campus
 - Join in with some of the teams and events arranged by Hospital staff



Making an Application

We have 11 positions available for 2027

Applications

To make an application through ACE, please ensure you:

- Include a cover letter outlining why you want to work in Southland
- Choose your referees carefully

Selection Criteria

- We use the ACE spreadsheet as a guide to our ranking. We will adjust the ranking to allow for those who have contacted us and will ensure we review the applications of all candidates who identify as Maori or Pacifica.

Delayed Start

- If you are eager to come to Southland but have a delayed start, please do contact us



A Day in the Life of a House Officer.....

If interested to work in the South, touch base with the RMO unit team – call into the office or contact via email or cell:

rmo.unit@southerndhb.govt.nz 027 309 1416

While we work through any questions you may have, please enjoy some pictures of what Southland has on offer

[Southland, New Zealand](#)



Ngā mihi nui

